



Holy Family Parish

Bulletin — April 28th, 2024

1021 McCarthy Blvd. N., Regina, SK S4X 3P9 Phone: 306-949-7678
Website: www.holyfamilyregina.com Email: office@holyfamilyregina.com

Facebook: www.facebook.com/holyfamilyregina/

Contact the office

**Mon - Thurs 9am-12pm
and 1pm-4pm,
(closed during lunch hour)**

Friday 9am-12pm

for Baptism, First Eucharist, Confirmation, Reconciliation, Marriage and Funeral; Mass Intentions, Hall, Meeting Rooms, and Parish items.

Please use the front door during office hours.

Parish Staff Team:

Fr. Wilfred Calinawan,
Administrator
pastor@holyfamilyregina.com

Sr. Amelia B. Gorospe, SIHM
Pastoral Assistant
pastoral@holyfamilyregina.com

Andrea Resler, Office Administrator
youth@holyfamilyregina.com
sacprep@holyfamilyregina.com

Mike Nijman, Building and Grounds
Nonilo Mantuhac, Custodian

All Masses will be celebrated in the hall.

Weekend Mass Times

Saturday: 5:00 pm & Sunday: 9:00 am & 11:00 am

Weekday Mass Times:

Tuesday at 7 pm (Adoration begins at 6 pm),
Wednesday, Thursday & Friday at 10 am

Father is available to hear confessions Tuesday during Adoration, after Daily Mass, Saturdays before the 5:00 pm Mass and by appointment.

Holy Family Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Fifth Sunday of Easter

Today's gospel reading, 'I am the true vine', brings us another of John's 'I AM' meditations. It takes up an important theme developed by the Old Testament prophets and one of the psalms: the old Israel was Yahweh's 'vine', lovingly planted and tended; but it brought forth only bitter fruits. In Jesus, however, this divine project has been taken up again by the Father – coming forth from his Paschal Mystery, he is the true vine which will bear fruits which give eternal 'glory' to the Father.

Thus our liturgy carries forward our Easter reflection upon what the Saviour's Paschal Mystery means in our lives and in the life of the Church. One of the central themes of the New Testament is the solidarity we have with Christ through what was achieved by God through his death and resurrection. For Paul we live 'in Christ', we are 'limbs of his body'. John often repeats that Christ (and his Father) now 'dwell' or 'make their home' in us.

We could easily overlook the fact that what comes through clearly in this gospel is the call to fruitfulness – sharing with the Son all that makes him the 'true' vine, beloved of the Father who has given him over for the sake of the whole world. The vine's branches are 'pruned' by the Father by means of 'the word' – a clear call to nourish our Resurrection life through a knowledge and love of the Scriptures. The fruits we will bear are primarily the witness we must give to others, and the outreach through which we are called to embody the Saviour's presence in our world. Israel was called to be 'a light to the nations' but failed; the New Israel, brought into

existence through our solidarity with Jesus in his Paschal Mystery, must fulfil that great mission – an apparently impossible task, until we recall that what is at stake is the Father's great design in creation, and we recognise that all that is to be achieved derives from the One who is 'the true vine'.



In the first reading from Acts, the story of the apostolic Church, energised by its Resurrection faith, continues. The conversion of Paul – through his meeting with the Risen Lord - is a great turning point in this story. As now, the difficulties to be overcome, if the community of believers was to bear life-giving fruits, were both internal and external. It was not easy to accept and trust as a brother the man who had been so violent against them. And the message of life - brought to a lost world - was hated by those who preferred darkness to the light.

If the fruits of life 'in the vine' stressed in the gospel are the Church's effective witness and outreach, the 'discipleship' referred to at the end of the gospel's teaching brings great personal blessings to each believer. The reading from John's letter spells out some of them: learning from the Saviour what authentic 'love' is; finding the trust in God which overcomes all our deepest fears and self-doubts; the unspeakable privilege of the divine indwelling; and finally the gift of God's own Spirit.

John Thornhill sm
TheEmmausSeries.com

We all require belonging, nourishment and appreciation. They can be found only when, we are connected to the "vine" - Jesus.

From Today's Reading

First Reading: Acts 9:26-31. Here we learn about an incident in the amazing life of Saul of Tarsus, later to become the great St. Paul. He was not one of the original apostles; rather, he was later drafted into that group by Jesus Himself. At first, the apostles were leery of him; but they soon learned how Jesus was to use him to "grow" the Church in the land of the Gentiles.

Responsorial Psalm 22:26b-32. This Psalm is a continuation of the one that Jesus cries out from the cross that begins with those immortal words: "My God, my God, why have you abandoned me?" Today we read or hear the second part of this Psalm, the victory over death. It is a reflection on the resurrection and an assurance that Jesus Christ is risen and still lives among us.

Second Reading: 1 John 3:18-24. The opening lines of this passage refer to the sincerity of a loving heart, not a romantic infatuation. If our heart or conscience is free of anxiety, then we will know that we love God and our neighbor in the way we were meant to (the greatest Commandment). The last sentence of this passage speaks for itself. Read it again and see how it fits into the theme of the vine.
Credit: stclareroseville.org

THOSE IN NEED OF WELL-BEING

Jean & John Boyko	Daniel Riabchyk
Kim Toogood-Kyllo	Rita Legaarden
Roseann Melnyk	Phong Le
Ray & Lenore Geisbauer	Andrew Ziegler
Mary Philip	Kathie Cummine
Family of Don Maloney	Cec Hartness

OUR BELOVED DEPARTED

Fr. Cornelius Lucey	Fen Hedley
Harvey Hartness	Don Maloney
Fr. Pat Murphy	Ted Dizy

*May God's grace and blessings
comfort and console those who
we love and who are in need.*

STEWARDSHIP BULLETIN BITS: April 28, 2024 - 5th Sunday of Easter

"Children, let us love not in word or speech but in deed and truth." -1 John 3:18

Regarding our Catholic faith, do you "walk the talk?" "Do your actions reflect what it means to be a good disciple? Are you an active participant at Sunday Mass? Are you joyful when participating in parish ministry? Do you give gratefully and generously with your financial support to your parish and other Church needs? If not, it's not too late to start!



UPDATE from the Raise the Roof Committee: We have received permission from the Archdiocese to proceed with the final design phase. Stantec has been advised to begin design work on the ceiling. The report for insurance has been sent to the Archdiocese for re-submission; our Building Restoration Committee is working with the Archdiocese on this matter and hopefully we will be successful with this insurance claim. The pews have been sanded, cleaned stained and refinished by a group of volunteers, saving us approx. \$25-\$30,000! Thank you to those who have made pledges; your 5 year commitment is helping us to move forward with the restoration projects.

Please visit our website, [www.holyfamilyregina.com/building-project-](http://www.holyfamilyregina.com/building-project-updates)

[updates](#) to watch and read various parishioners' testimonials about their discernment to give to the Raise the Roof campaign. God Bless.

Pizza Party and Pancake Breakfast fundraisers Holy Family CWL will be hosting, courtesy of Rochdale Western Pizza, a Pizza Party after Mass on Saturday, May 4th in the foyer. **Sign-up April 27/28 and indicate how many pieces your family needs.**



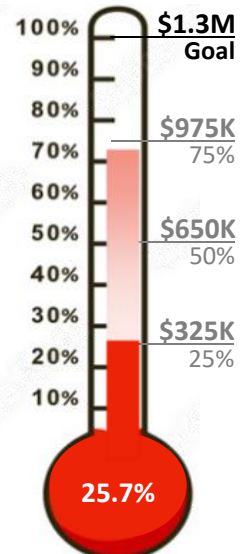
Holy Family Knights of Columbus will be hosting a Pancake Breakfast on **Sunday, May 5th** following both the 9:00 am and 11:00 am masses. The Pancake Breakfast will be held in the foyer.

The cost to attend these meals is a free will offering. All funds raised go towards the RTR Campaign. Bring your family out to one (or both) of these fun events!

BENEFIT CONCERT

Come experience the world-renowned Philippine Madrigal Singers as they showcase their exceptional vocal talents in a captivating concert. Prepare to be enchanted by their harmonious melodies and powerful performances. This is an event you won't want to miss! Grab your friends and family for a memorable musical experience. Don't delay - tickets have almost sold out!

Join us on **Thursday, May 2nd** at Westminster United Church (3025-13th Ave.) Doors open at 6 pm, performance begins at 7 pm. Tickets are on sale after all Masses this weekend for \$35 each or scan the QR code. (VIP and Premium tickets sold out!)



Total raised:
\$335,065

Total Pledges:
\$603,340

Campaign Total:
\$938,405

WEEKLY BIBLE READING GUIDE

April 29th

Monday

St. Catherine of Siena,
Virgin, Doctor

Acts 14:5-18

Psalms 115

John 14:21-26

April 30th

Tuesday

St. Marie De L'incarnation,
Religious

Acts 14:19-28

Psalms 145

John 14:27-31

May 1st

Wednesday

Acts 15:1-6

Psalms 122

John 15:1-8

May 2nd

Thursday

St. Athanasius,
Bishop, Doctor

Acts 15:7-21

Psalms 96

John 15:9-11

May 3rd

Friday

St. Philip & St. James,
Apostles

1 Corinthians 15:1-8

Psalms 19

John 14:6-14

May 4th

Saturday

Acts 16:1-10

Psalms 100

John 15:18-21

May 5th

Sunday

Sixth Sunday of Easter

Acts 10:25-26,34-35,44-48

Psalms 98

1 John 4:7-10

John 15:9-17

DONATIONS: Holy Family Parish relies on the charity and self-sacrifice of our parishioners to maintain and operate the church. Thank you for your continued generosity!

—**Envelope:** The Sunday offering envelopes are collected at each weekend Mass. After hours, envelopes can be dropped in the mail slot at the front of the church.

—**Pre-authorized debit:** Contact the office if you would like to set this up.

—**E-transfer:** finance@hollyfamilyregina.com

—**Online donations through Canada Helps:** <https://www.canadahelps.org/en/dn/24871>

—**Mail to:** Holy Family Parish, 1021 McCarthy Blvd. N., Regina, SK, S4X 3P9



PRAY THE ROSARY THIS MAY During the month of May, the Rosary will be prayed prior to all weekend Masses. Prayers will begin 20 minutes prior to the start of Mass. Leaders may choose to lead from their seat if they not comfortable standing. A sign up sheet and rosaries to borrow are on the table at the hall entrance. Thank you!

BURGER NIGHT FUNDRAISER Join the Refugee Sponsorship Committee at The Tap Brewery (4245 Rochdale Blvd.) on **Monday, May 13th from 5 - 8 pm**. For just **\$25** guests will enjoy a burger, fries and 20 oz house beer (coffee, tea or pop may be substituted). Deadline to purchase tickets is May 7th. Kids are welcome too! Gratuity is extra.



ALTAR SERVER PIZZA LUNCH & TRAINING will be held on **Sunday, May 19th after the 11 am Mass**. Children who have received the sacrament of Confirmation are invited to join us for a pizza lunch followed by a training session with Fr. Wilfred. Experienced servers are encouraged to attend as a refresher. Please sign up at the hall entrance.



K of C \$1000 SCHOLARSHIP Holy Family Knights of Columbus invites applications for their annual scholarship to be presented to a graduating Grade 12 student who is a member of Holy Family Parish.

The scholarship is awarded to a graduate who is entering an approved post-secondary educational institution anywhere in Canada. The student must submit a 300 word essay, outlining aspects of how their faith affects their life at school, community and home. Include work with voluntary organizations.

Application forms may be picked up at the parish office or downloaded from the website and online bulletin. Apply by June 10, 2024.



52 REASONS TO TALK ABOUT THE CWL Our core values of faith, service, social justice guide us as we follow Catholic teaching, provide service locally, nationally and internationally, and work to advocate for social justice. Let's start the conversation! This week's word to describe the CWL is:

GROWTH *The Catholic Women's League has grown to become Canada's largest women's organization. Did you know it meets with government and has an impact on legislation and policy? Help us continue to grow and make a difference.*

MOTHER'S DAY RAFFLE Enter to win a Mother's Day Basket filled with a collection of delightful items, or one of the subsidiary prizes - gift bags filled with interesting treasures chosen to pamper and entertain! **Tickets are \$10 each or 3/\$20** and can be purchased before and after weekend Masses, from the office or CWL member. Draw date: May 12, 2024 - 12:30 pm. License No. SR24 - 0214

WORLD DAY OF PRAYER is being held on Friday, May 3rd at St. James United Church at 7p.m. Please join us for prayers, music and stories. This year's focus was chosen 5 years ago and it is the Women of Palestine.

PRAYER GATHERING The week of May 5th-11th is Palliative Care Week. A week set aside to celebrate and highlight the incredible work nursing does to provide quality palliative care across the province and recognize the impact of palliative care on persons and families across their lifespans.

On **Friday, May 10** following the 10am Mass, please join us for prayers.



ARCHDIOCESAN UPDATES:

[View all updates at: archregina.sk.ca/archdiocesan-weekly](http://archregina.sk.ca/archdiocesan-weekly)

POPE'S PRAYER INTENTION FOR MAY

For the formation of religious and seminarians ~ We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

FIRST FRIDAY ADORATION

The First Friday/First Saturday vigil in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary will be held **May 3 and 4, 2024** at St. Mary's Church in Regina. Priests will be available for confession at 6:30 P.M. before Holy Mass as well as after Mass. Mass will occur at 7:00 P.M. followed by the all-night vigil ending with Mass at 8:00 A.M. Saturday morning.

NOW HIRING: PART-TIME CoSA SSK ASSISTANT

Circles of Support and Accountability South Saskatchewan is dedicated to helping people, who are re-entering the community after being incarcerated, to live their best lives. We are looking for an Assistant to the Coordinator for 4 to 12 hours per week (dependent on successful grant funding). Tasks may include enhancing church connections, some office management, updating our social media profiles, etc.

Contact Charles Kooger at 306-530-9678 or charles.cosass@gmail.com, or check out cosass.ca.

BRAHMS' - A GERMAN REQUIEM

The RSO has added an additional concert on June 1, Brahms' Requiem. This concert was initially planned for

last year but was cancelled for financial reasons. The Ablaze Vocal Arts Ensemble is a local choir under the direction of Dorianna Holowachuk. Ablaze is excited to work together with the RSO and conductor Gordon Gerrard to offer this concert.

June 1, at 7:30pm at Holy Rosary Cathedral

Tickets are \$30 - General Admission Seating

WONDER VARIETY NIGHT 2024

Christ the King Parish

3239 Garnet Street

May 24 – 27, 2024

Doors Open 6 PM

Show Starts 7 PM

Tickets \$20

Concessions will be available.

Proceeds will go to youth ministry initiatives throughout the Archdiocese.

Questions: oyyam@archregina.sk.ca

SAVE THE DATE!

Made for Greatness: Fall Conference. A retreat for Catholic Men.

OCTOBER 3 - OCTOBER 5, 2024 More details to come!

Based in Regina, Saskatchewan, Made for Greatness Men's Ministries serves the men of the archdiocese by providing an outreach. We meet monthly to share a meal, adore Christ in the Blessed Sacrament, receive the sacrament of Reconciliation and to share our faith with one another. We provide a yearly retreat to serve the men more deeply.

MASS INTENTIONS April 30th - May 5th, 2024

Tuesday, April 30th:

Kenny Resler r/b Barry & Jane Resler

Wednesday, May 1st

+All Souls r/b Anonymous

Thursday, May 2nd

+Harvey Hartness r/b Cecilia Lipoth

Friday, May 3rd

+Richard Shivak r/b Cecilia Lipoth

Saturday, May 4th

Pro Populo (for the people of the parish)

Sunday, May 5th

9 am: +Fen Hedley r/b Holy Family CWL

11 am: John, Jianna & Dea Amio

(Birthday/Thanksgiving) r/b Dory Amio

PARISH UPCOMING ACTIVITES

Date	Time	Activities
Mon., Apr. 29th	1 - 4 pm	No Mass HF Quilters (UMR)
Tues., Apr. 30th	6:00 pm 7:00 pm	Adoration Mass
Wed., May 1st	10:00 am	Mass
Thurs, May 2nd	10:00 am 7:00 pm	Mass Madrigal Singers RTR Benefit Concert (<i>Westminster United Church, 3025-13th Ave.</i>)
Fri., May 3rd	10:00 am 12 - 4 pm 7:00 pm	Mass Office Closed World Day of Prayer service (<i>St. James United, 4506 Sherwood Dr.</i>)
Sat., May 4th	5:00 pm 6:00 pm	Mass (<i>Children's Liturgy</i>) Pizza Party (Foyer)
Sun., May 5th	9:00 am 10:00 am 11:00 am 12:00 pm	Mass (<i>Children's Liturgy</i>) Pancake Breakfast (Foyer) Mass (<i>Children's Liturgy</i>) Pancake Breakfast (Foyer)

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HOLY FAMILY REFUGEE SPONSORSHIP COMMITTEE

BURGER NIGHT FUNDRAISER

In support of our refugee family



MONDAY MAY 13, 2024

5:00 PM TO 8:00 PM

THE TAP BREWERY

4245 Rochdale Blvd

TICKET PRICE: \$25.00 (meal and taxes)

**Meal includes a burger with fries and 20 oz house
beer (coffee, tea or pop can be substituted)**

Kids welcome!

Gratuuity extra

Ticket deadline: May 7, 2024

Holy Family Knights of Columbus

\$1000.00 Scholarship Application 2024

Full Name: _____

Mailing Address: _____

Email Address: _____

Phone Number: _____

Parent/Guardian: _____

Institution enrolled at for the fall: _____

Course Enrolled In: _____

Application requirements:

1. Member of Holy Family Parish, Regina, Saskatchewan.
2. Applicant must be accepted to a post-secondary studies program (university, college or vocational school) in Canada for the fall term, following Grade XII graduation – proof of acceptance must be provided before funds will be released.
3. The student must submit an essay (300 word maximum), outlining aspects of how your faith affects your life at school, community and home. Please provide an outline of your school, church and community activities including volunteer work.
4. Application deadline is **June 10, 2024**

Submit your application to: David Beitel, Deputy Grand Knight, Holy Family K of C #10797
davidbeitel@sasktel.net

Proceeds for this scholarship are provided by Holy Family Knights of Columbus Council #10797.

The Holy Family Knights of Columbus Scholarship Committee decision will be final.



the Philippine Madrigal Singers

Mark Anthony A. Carpio, choirmaster



A Benefit Concert for the Holy Family Parish Regina

Thursday, May 2, 2024 at 7:00 pm

Doors open at 6 pm

Westminster United Church

3025 13th Avenue Regina

Tickets: \$35 / \$50 / \$100



Scan here for Tickets



HOLY FAMILY PIZZA PARTY
SATURDAY MAY 4
6 PM IN FOYER

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HOW MANY PIECES OF PIZZA PER FAMILY**



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**HOLY FAMILY CATHOLIC WOMEN'S LEAGUE
MOTHERS' DAY
GIFT BASKET RAFFLE**



**May 12, 2024 - 12:30 PM
Holy Family Parish 1021 McCarthy Blvd. N
Regina, SK. S4X 3P9**

**DRAW 1- LUXURY GIFT BASKET FILLED WITH ITEMS TO PAMPER & ENTERTAIN
DRAWS 2 & 3- GIFT BAGS FILLED WITH A VARIETY OF TREASURES
BONUS DRAW- RAISE THE ROOF CRIB BOARD**

Tickets are \$10 or 3/\$20

Proceeds to



License # SR24-0214

**Purchase tickets at Holy Family before or after weekend masses on
April 27-May 12
or
During office hours @ Holy family Parish Office**

****Winner will be contacted Draw Date May 12, 2024**



Holy Family CWL invites you to attend a presentation on
Health Care Directives

A Catholic perspective on
Medical Assistance in Dying (MAID).

Monday, May 13th at
Holy Family Parish, 1021 McCarthy Blvd N
beginning at **7 pm.**

The presentation is designed so that you may have an understanding of medical care directives and planning them in a way that is effective when they need to be used. Topics to be discussed include:

- a. What is Medical Assistance In Dying (MAID)?
- b. How did we get to where we are? Some recent Canadian history.
- c. Why do people choose MAID?
- d. What is the Catholic response to our current social situation? The Canadian Conference of Catholic Bishops' call to see, accept, and accompany the dying.
- e. What can I do? A discussion of the faith-based Advance Care Directive

Presenter is Dr David Kopriva, MDCM, FRCSC. His credentials include:

- Vascular Surgeon in Regina
- Clinical Associate Professor of Surgery, University of Saskatchewan
- Research Ethics Board member for Saskatchewan Health Authority and University of Regina
- Parishioner at St. Anne Parish in Regina
- Third year of Archdiocese of Regina Lay Formation Program
- Member of the Archdiocese of Regina Reverence for Life Commission

Attendees are encouraged to download and print the [Faith-Based Advance Health Care Directive](https://chassk.ca/wp-content/uploads/2024/01/CHAS-Advance-Health-Care-Directive-Booklet-revised-Jan-2024.pdf) from the Catholic Health Association of Saskatchewan website, and bring it along to the presentation.

<https://chassk.ca/wp-content/uploads/2024/01/CHAS-Advance-Health-Care-Directive-Booklet-revised-Jan-2024.pdf>

You do not have to be a CWL member to attend; this event is open to any interested individuals, please plan to attend.



RESPECT LIFE MONTH

In SASKATCHEWAN

PROCLAMATION

CEREMONY

Wednesday, May 1st, 2024

at

The Legislative Grounds

(Ceremonial Platform)

Beginning @ 1 pm

Reading of Declaration

Raising the International Pro-Life Flag

Prayers

Farewell

NET CANADA retreat

games

small
groups

prayer
& more!

MORE DETAILS
BELOW



Saturday, May 4th

Holy Cross Parish

10:00 am to 3:00 pm

Grades 6 to 12

All youth from the

Archdiocese are welcome



NET 2024 Traveling team

FOR MORE INFORMATION OR TO REGISTER

CALL OR TEXT SHERI AT 306-533-2561

OR EMAIL LAURA AT VINCENT-LAURA@LIVE.COM

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May 23, 2024

St Martin de Porres Parish

4720 Castle Road, Regina

Adults: \$35
Children 7-17: \$15
Under 6: FREE

Cocktails: 5 pm
Supper: 6 pm
(Roast-beef Dinner by Charlotte's Catering)
Speaker: 7 pm

Banquet Guest Speaker:

Cam Côté, CCBR's Western Outreach Director, has worked full time in Canada's pro-life movement for over a decade. He is also the host of The Pro-Life Guy's Podcast, the world's largest podcast dedicated to pro-life apologetics.



Change Minds. Save Lives. Transform Culture.

To purchase tickets, email rpla@sasktel.net with your FULL NAME, EMAIL ADDRESS, HOW MANY TICKETS YOU ARE PURCHASING, AND PHONE NUMBER. Then, please e-transfer the payment to rpla@sasktel.net. Call 306-569-1985 for other payment options.

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ARCHDIOCESE OF *Regina*



A Letter to Women Who Had An Abortion

I would now like to say a special word to women who have had an abortion. We are aware of the many factors which may have influenced your decision, and we do not doubt that, in many cases, it was a painful and even shattering decision. The wound in your heart may not yet have healed. Certainly, what happened was and remains terribly wrong. But do not give in to discouragement, and do not lose hope. Try rather to understand what happened and face it honestly. If you have not done so, give yourselves over with humility and trust to repentance. The God of mercies is ready to give you forgiveness and peace in the sacrament of reconciliation. To the same God of loving mercy, you can, with sure hope, entrust your child. With the friendly and expert help and advice of other people, and as a result of your own painful experience, you can be among the most eloquent defenders of everyone's right to life. Through your commitment to life, whether by accepting the birth of other children or by welcoming and caring for those most in need of someone to be close to them, you will become promoters of a new way of looking at human life.

Evangelium Vitae 99.

These Statistics are from: the Canadian Institute for Health Information

<https://bit.ly/4aLjGzu>

Number of induced abortions reported by hospitals in 2022

In Saskatchewan 1,362

In Canada 20,327

Number of induced abortions reported by non-hospitals in 2022

In Saskatchewan 486

In Canada 76,884

Real-time Statistics on Abortions Worldwide:



May, 2024

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Emmaus Mental Health Ministries

"While they were talking and discussing, Jesus himself came near and went with them." Luke 24:15



At Emmaus Mental Health Ministries we believe in the strength and comfort that can come from peers walking with and supporting peers.

Our spiritual peer support groups bring together individuals with lived experience of mental health challenges in the family.

Spiritual peer support focuses on shared prayer, learning building resiliency, walking together, moving forward towards a healthier life for ourselves and those whom we care for, and discovering Jesus Christ walking with us in the midst of it all.

Who needs you to hold their hand today? Who do you need to hold yours?

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals



Emmaus Phone and
Online Support



Emmaus Website



Emmaus Prayer
Support



emmausmentalhealth@gmail.com